

Table 1: Data on Population

SN	Name of Block	Population (All Community)						Total Population (All Community)			Population								Density of Population	Sex Ratio
		Urban			Rural						SC				ST					
		Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	% Total population	Male	Female	Total	% Total population		
1	Umsning	-	-	-	61716	59659	121375	61716	59659	121375	173	150	323	0.27	61540	59509	121049	99.73		1.03
2	Umling	6804	6496	13300	22322	21727	44049	29126	28223	57349	268	257	525	0.92	28858	27966	56824	99.08		1.03
3	Jirang	-	-	-	13735	13427	27162	13735	13427	27162	127	123	250	0.88	13608	13304	26912	99.08		1.02
	Total	6804	6496	13300	97773	94813	192586	104577	101309	205886	568	530	1098	0.26	104006	100779	204785	99.47	84.10%	1.03

Source: Office of the DIS & DMC, Nongpoh Year:2005